

NOVEMBER 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
29	30	31	1 Benefit bar, yogurt, fruit Philly cheesesteak, Caesar salad, carrot sticks, fruit	2 Breakfast burrito, salsa, fruit Baked potato soup, garlic bread, carrot sticks, fruit	3 Breakfast taquito, fruit Pizza quesadilla, carrot sticks, brownie, fruit	4
5	6 Banana bread, string cheese, fruit BBQ pork sandwich, sweet potato tots, coleslaw, fruit	7 Waffle, sausage link, fruit Beef quesadilla, black bean salad, fruit	8 Yogurt parfait Ham and cheese croissant, goldfish, broccoli salad, carrot sticks, fruit	9 Hashbrowns, sausage link, cereal, fruit Popcorn chicken bowl, mashed potatoes, corn, garlic bread, fruit	10 No school for veteran's day	11 Veterans Day
12	13 Muffin, string cheese, fruit Carnitas torta, lettuce, tomato, chips, salsa, fruit	14 Cinnamon roll, sausage link, fruit Tamales, refried beans, peppers, fruit	15 Benefit bar, yogurt, fruit Chicken parmesan sandwich, Caesar salad, carrot sticks, fruit	16 Cooks choice	17 Breakfast pizza, fruit Turkey or ham, green bean casserole, candied yams, fruit, stuffing, pumpkin pie	18
19	20 No school	21 No school	22 No school	23 Thanksgiving Day	24 No school	25
26	27 Muffin, string cheese, fruit Chicken burger, sweet potato tots, lettuce tomato, fruit	28 French toast, sausage link, fruit Beef enchiladas, refried beans, peppers, fruit	29 Benefit bar, yogurt, fresh fruit Philly cheesesteak, Caesar salad, carrot sticks, fruit	30 Breakfast burrito, salsa, fruit Pasole, chips, salsa carrot sticks, fruit	1	2